



Week 3 Application Assignment: Diversity and Family Counseling

Overview

What is normal? While the concept is a difficult one to apply uniformly across various structures of marriage, couples, and families; there are developmental models that we can use as reference points for our work. Because it is unlikely that you will work with only one type of marriage, couple, or family structure, it is important to become familiar with a variety of developmental models. As you might guess from your own life experience, each stage of development poses new opportunities and challenges. Think about the various stages of the family life cycle that your own family has experienced. Would having a developmental understanding of behaviors and emotions that emerged at each stage have helped you to navigate change more effectively?

In this assignment, you will compare stages of family and couple development for same-sex couples and other diversity groups. You will describe the opportunities and challenges that may be present at various points in these models. You should also review all supplemental materials, and use the rubrics as guides to help you complete the assignment. This assignment will count toward your final grade and is due by Day 4, and is worth 75 points.

Directions

Review this week's Learning Resources and think about the different qualities of healthy and dysfunctional families. Also think about the various issues that culturally diverse families face. Select a case example from Chapter 5 of your text. Consider the interventions that might be applied in the case selected. Consider the resources and challenges you might encounter working with this case study.

- Discuss the family life cycle for the case selected and what other information you might need to gather to understand the family life cycle stage for the case study.
- Explain at least two strategies for working with the case study you selected.
- Support your selected intervention strategies with at least one citation from a professional journal in the Lamar University Library. The resource should provide evidence of the efficacy of the intervention.
- Reflect on your own cultural background and what strategies might work with your family.

Marriage, Couple, and Family Counseling

Rubric

Module One Application Assignment

This assignment is worth 75 points.

Category	Points			
	15-14	13-12	11-10	9-0
Accuracy of responses Question 1 15 points	Questions are accurately and thoroughly answered	Questions are partially accurate but most to all are answered	Answers are more inaccurate than accurate OR many are unanswered	Answers are completely inaccurate or missing.
	15-14	13-12	11-10	9-0
Accuracy of responses Question 2 15 points	Questions are accurately and thoroughly answered	Questions are partially accurate but most to all are answered	Answers are more inaccurate than accurate OR many are unanswered	Answers are completely inaccurate or missing.
	10-9	8-8	7-7	6-0
Supported Responses with a citation from a professional journal article 10 points	Questions are accurately and thoroughly answered	Questions are partially accurate but most to all are answered	Answers are more inaccurate than accurate OR many are unanswered	Answers are completely inaccurate or missing.
	25-23	22-20	19-18	17-0
Reflection 25 points	Shows strong evidence of reasoned reflection and depth.	Shows evidence of reasoned reflection.	Minimal reasoned reflection	Lacks reflection and depth.
	10-9	8	7	6-0
Mechanics 10 points	No grammatical, spelling or punctuation errors	Almost no grammatical, spelling, or punctuation errors	Many grammatical, spelling, or punctuation errors	Numerous grammatical and punctuation errors

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